28 May 2014

Message from the Principal, Mrs Jody Stehbens

Thank you P&C for a wonderful 80's Disco

Last Friday night, over 400 students participated in the Junior and Senior Discos. Many people contributed to the success of the night. The P&C President, Chris Roberts, and her group of helpers; Staff and our Student Council all pitched in to make it a very enjoyable night for all.

A big thank you to our DJ Sonia who volunteered her time on the night.

Twilight Professional Development Sessions – Teachers and Teacher Aides

Our Prep – Year 2 teachers will be involved in Spelling and Mathematics workshops. Teachers will be up-skilled in this area. They will also audit our maths and spelling programs to ensure that they are appropriate for our students. Programs will be updated where necessary.

Teacher Aides will be participating in a Student Management Session to support them to implement the Kruger Expectations with our students.

District Sports - Gala Days Begin (Years 4-7)

Term 2 District Gala days will be on Friday 30th May, 6th June and 13th June. We have teams in Girls’, and Boys’ Soccer, Girls’ Rugby League and Netball. Good luck to all our Kruger Teams.

Sports Trials for Term 3 (Years 4 - 7)

Sport trials were conducted last Friday ready for the district gala days in Term 3. Term 3 sports are AFL, Girls’ and Boys’ Touch; Boys’ and Girls’ Basketball. Teams will be organised in the near future and some practice will be done in lunch times.

I wish to acknowledge the staff who volunteer their lunchtimes and after school time to take these sports teams. As the demands of the teaching profession increases, this is a big ask for teachers. We have made some allowances in our timetables to accommodate our sports programs. Kruger is very fortunate to have teachers who are still willing to give up time to coach and support our sports teams.

Chappy Encourages Healthy Eating

Over the next couple of weeks, Chappy Dave will be encouraging healthy eating with our Prep students. He will be juicing a variety of fruit to promote eating fruit everyday as part of a healthy diet.

Facilities

Over the next few weeks, we will be having significant facilities work done at the school. We have been notified that all the work has to be completed and signed off before the end of the financial year, so it’s not an option for it to be done in the school holidays.

We will be having our bottom aluminium louvers replaced with sheeting in some of our teaching blocks, the library and a toilet block. The junior toilets will have the floor replaced and we will have asbestos removed from the music block. The asbestos removal will be done on the weekend when no one will be on the school grounds. This job is being done under the Asbestos Removal From School Program.

There will be some disruption to classes for a couple of days. Classes will be relocated to other spaces to enable learning to continue as best as possible. We will notify you when the class relocations occur.

Principal on Leave

I will be on long service from Thursday 6th June. My leave will be for the last 3 weeks of this term. I will return for the beginning of Term 3. Justin Smith, our Deputy Principal, will be Acting Principal.
FOCUS ON - HIGH EXPECTATIONS AND CLEAR EXPECTATIONS

Over the past 3-4 years, our school has been on the Positive Behaviour Support journey. This has allowed us to come together as a school community and make some decisions about how we need to behave, learn, organise and treat each other in our school environment. Our common language of expectations are:

BE SAFE BEST EFFORT BE RESPECTFUL

All of our discussions with students and parent revolve around these important, high and clear expectations. We talk with students regularly about these expectations and complete weekly focus lessons with students on key areas where student behaviour has not been appropriate.

We have had some great results over the past 3 years, with many of our on-going behaviour problems reduced to very minor problems that are managed quickly, allowing students and teachers to get back onto the core business of learning. Have a look at some of our results:

<table>
<thead>
<tr>
<th></th>
<th>2012</th>
<th>2013</th>
<th>= More time learning</th>
</tr>
</thead>
<tbody>
<tr>
<td>Office Referrals</td>
<td>187</td>
<td>47</td>
<td></td>
</tr>
<tr>
<td>Blue Cards</td>
<td>283</td>
<td>96</td>
<td>= More time playing</td>
</tr>
<tr>
<td>Short suspension</td>
<td>41</td>
<td>17</td>
<td>= More time learning</td>
</tr>
<tr>
<td>Long Suspension</td>
<td>9</td>
<td>4</td>
<td>= More time learning</td>
</tr>
</tbody>
</table>

Our data shows that we are supporting students to become better at solving problems at their smallest level, using appropriate strategies and dealing with problems such as SAFE and RESPECTFUL strategies. TEAM KRUGER is working for our students.

Important Dates

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>30.05.14</td>
<td>Sports Gala Day 1</td>
</tr>
<tr>
<td>06.06.14</td>
<td>Sports Gala Day 2</td>
</tr>
<tr>
<td>06.06.14</td>
<td>Bookclub Monies Due</td>
</tr>
<tr>
<td>09.06.14</td>
<td>Queens Birthday Holiday</td>
</tr>
<tr>
<td>13.06.14</td>
<td>Sports Gala Day 3</td>
</tr>
<tr>
<td>18.06.14</td>
<td>Senior Athletics Carnival</td>
</tr>
<tr>
<td>20.06.14</td>
<td>Whole School Parade</td>
</tr>
<tr>
<td>27.06.14</td>
<td>Last Day of Term</td>
</tr>
</tbody>
</table>

Resource & Textbook Hire Scheme 2014 - Prep to Year 7

Years P – 3 $100.00 per year
Years 4 – 7 $ 60.00 per year

Please ensure your payments are up-to-date.

Money Due:

- 2nd instalment of $25.00 by Friday, 2 May 2014 (now overdue)
- 3rd instalment of $25.00 by Friday, 25 July 2014

Our Website www.krugerss.eq.edu.au has the Resource & Textbook Hire Scheme Forms for 2014 for you to access. Once you have entered the Website, select Support and resources (top far right), Forms and documents (Left), Documents (bottom left). Select Resource and textbook hire scheme documents (Yellow folder). Now you can select the appropriate year level form for 2014.

Centrelink Deductions for the Resource and Textbook Hire Scheme is now available. If you wish to participate, please complete a Centrelink Deduction form at the office and we will fax it directly to Centrelink.

We ask that the Centrelink Form be sent though our office to ensure that monies are correctly deducted from your account. Please advise the office as soon as possible if you have already sent the form to Centrelink.

Tallebudgera Camp – Year 6 & 7

The Year 6/7 Camp to Tallebudgera Outdoor Beach School from Monday, 4th to Friday, 8th August 2014 is going ahead. The total cost of the camp is $247.50.

Payment 1: $80.00 is now overdue.
Payment 2: $70.00 is due Friday 20th June, 2014.
Final Payment: $47.50 is due 18th July, 2014.

- Payment can be made in weekly or fortnightly instalments, if this is easier for you.
- No cancellations will be allowed after Friday 18th July.
- Please ensure you make each payment by the due date.

Physical Education 2014

Some provisional date claimers for the year are as follows;

Season 1 Sport(Girls’ and Boys’ Rugby League, Girls’ and Boys’ Soccer and Netball)

Gala Day 1 – 30 May, Gala Day 2- 6 June and Gala Day 3 – 13 June
Senior Athletics Carnival – 18 June - at Kruger State School
Season 2 Sport (Boys’ and Girls’ Basketball, Boys’ and Girls’ Touch and Boys’ and Girls’ AFL)

- Week 1 – August 1, Week 2 – August 8, Week 3 – August 15 and Week 4 – August 22
- Central District Athletics Carnival – 4 & 5 August

Season 3 Sport (Boys’ and Girls’ Tee-Ball, Boys’ and Girls’ Softball and Cricket)

- Week 1 – October 17, Week 2 – October 24, Week 3 – October 31, Week 4 – November 7 and Week 5 – November 14
- Junior (Prep – Year 3) Sports Day and Cross Country will be in Terms 3 and 4 respectively, with final dates to be arranged.

As quotes for Mid-Year and Summer Sport are yet to be finalised, a rough guide to the costs are as follows:

- Winter Gala Days will be $19.50, Mid-Year Sport @ $30 - $34 and Summer Sport @ $35 - $42.

Students playing rugby league this year are advised that the safety guidelines recommend students wear a mouth guard while playing and training. We thoroughly recommend that these guidelines are followed for student safety. The school has a limited supply of mouth guards for sale if any student needs one. These can be purchased at the office for $5.00 while supplies last.

In Physical Education classes, students will be learning the following:

- Year 7 – European Handball, Golf, Badminton, Athletics, Volleyball and Softball
- Year 6 – Badminton, Golf, Lacrosse, Athletics, Volleyball and Softball
- Year 5 – Hockey, AFL, Basketball, Athletics, T-ball and Netball
- Year 4 – Hockey, Touch Rugby Union, Basketball, Athletics, T-ball and Netball

I look forward to another very productive and rewarding year.

Yours in sport
Gavin McLeod

Library News

The library is open from 8am each morning for borrowing and returns.

Students can borrow a book for 2 weeks.

Students in Prep to Year 1, 2 and 3 must have a library bag to borrow. We require this so that books are less unlikely to be damaged.

Students in Year 5, 6 and 7 can borrow 2 books at a time.

Library Activities for Students

- Reading Club - Monday-Friday 8am-8:20am with Mrs Day and Mrs Taalolo
- Games Club - Thursday First Break with Chappy and volunteers (Board games, Draughts, Chess, UNO, etc.)
- Poetry Club – Friday First Break with Ms Drover

If you have any questions about lost or damaged books, please do not hesitate to contact the library staff on ph: 38179327 or edrov1@eq.edu.au

P&C & Tuckshop News

P&C

Tuckshop News

If you have a large order, please supply two paper bags or you can purchase them from the Tuckshop for 10 cents each. All orders are to be placed before 9.30am.

If, for some reason, your child doesn’t have lunch, we will supply a sandwich with the following tasty spreads (Jam/ Vegemite). The Tuckshop will then send an Invoice home for the value of $2.00.

Uniform Shop

Operating Hours

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>2pm to 2.30pm</td>
</tr>
<tr>
<td>Wednesday</td>
<td>2pm to 2.30pm</td>
</tr>
<tr>
<td>Thursday</td>
<td>2pm to 2.30pm</td>
</tr>
</tbody>
</table>

3 month Lay - By Available (payable with small deposit) must be paid in full before uniforms are released.

Please Note: No uniforms will be sold in the mornings, so please don’t get upset when we refuse to serve you.

Math Books & Stationery Supplies

As we know our students love the subject Maths, we are catering for their love of this subject. We have a stock of 10mm grid books for the following Year Levels 4-7. Price will be 70 cents each (cheaper than the Newsagents).

They will be in stock right through the year; also we will have the following in stock as well:

- Spare Pencils
- Rubbers
- Pencil Sharpeners

Student Banking

Money, Money, Money

Student Banking has commenced again, so please drop off bank books to the Tuckshop any time of the day. There are new prizes available, so when you reach your 10 tokens... SURPRISE TIME.... If anyone needs information regarding banking, please call in and talk to FLO (Tuckshop Convenor).
We are hoping to reach 250+ children banking this year. (Minimum banking can be 20 cents a week). But boy, the money soon adds up.

Everyone please get behind the P & C and Support your Children Education. Hope everyone has GREAT year.

**Florence Scott**
*(Tuckshop Convenor)*

**Donations of Preloved Kruger SS Uniforms**

We are in great need of preloved Kruger SS uniforms to be held at the office for emergencies. If you have any uniforms available, we would be grateful if you could please donate them to the school. We would appreciate donations of clean uniforms, any sizes, as some students may need to change into these uniforms if required. Thank you for your assistance.

**Staying Safe around Bats**

Children need to be aware that bats, including flying foxes, are protected species and pose minimal risk to humans provided they are left alone and not touched. However, children should not try to hurt or help sick or injured bats as they are putting themselves and the animal at risk. If you see a bat or flying fox that is hurt call:

- RSPCA—1300 ANIMAL (1300 264 625)
- Department of Environment and Heritage Protection—1300 130 372
- your local wildlife care group/rescuer/carer for assistance.

If a child is bitten or scratched by any bat, they should tell their parents, teacher or responsible adult straight away, wash the wound thoroughly with soap and water and visit their local doctor immediately.

**Head Lice**

It has come to our attention that we currently have a number of cases of head lice in the school.

Some parents in each class are being very responsible by checking and treating their children regularly, but this is only effective if EVERY child is checked and treated, as well as other members of the family.

The Health Department advises that it is the parents’ responsibility to detect and treat head lice infestations.

Teachers and Child Health Nurses are not expected to do head inspections as this is not part of their duties.

PLEASE CHECK YOUR CHILD AND OTHER FAMILY MEMBERS AND TREAT PROMPTLY IF YOU FIND EGGS (NITS) OR LICE.

In the event that it comes to our attention that a child has head lice, we need to act in accordance with departmental policy. This requires us to contact parents to ask for prompt attention to treatment. **Children who have head lice do not need to be excluded from school if correct treatment has been recently applied.**

**School Safe – Ipswich City Council**

**Your Child’s Safety is our Priority!!**

Ipswich City Council proactively monitors parking at schools to help improve your child’s safety.

Council’s ‘Safe parking at Schools’ initiative aims to ensure people park safely and legally, improving community safety through education of your school community rather than focusing on enforcement.

The initiative also includes the use of Patrolling Officers, Automatic Numberplate Recognition camera cars and remote movement activated cameras to capture parking offences.

Safe and legal parking is generally located within 300m of a school.

Please drive and park safely around your school – It’s your child’s safety.

Council works with your school though the Healthy Active School Travel program to encourage families to walk and cycle to and from school and improve health and road safety.

For more information about safe travel routes contact your school or contact Ipswich city Council on (07) 3810 666.

**MiYoga**

Does an 8 week mindfulness yoga program, “MiYoga”, enhance cognitive functions such as attention, physical strength, behaviour and emotional control in children with cerebral palsy? MiYoga incorporates a family centered approach to therapy by inviting a caregiver to participate alongside their child. We will also want to see if MiYoga can relieve caregiver stress and improve parent child relationship.

We are looking for children with diplegia or hemiplegia cerebral palsy, aged 6–16 years old, who can walk independently or with a gait aid (GMFCS I-III) and one of their caregivers.

For more information please see flyer attached and webpage: https://exp.psy.uq.edu.au/miyoga/index.html?page=home

You may also contact the MiYoga study co-ordinator:

- Catherine Mak (Psychologist and Yoga Teacher)
  - **Email:** c.mak@uq.edu.au
  - **Ph:** 3646 5539 or 3646 5361

**Hassle-Free Mealtimes Triple P – Positive Parenting Program**

Are you experiencing problems with your child’s eating and mealtime behaviour?

Eating and mealtime problems in children are common and can be improved. The Parenting and Family Support Centre at the University of Queensland is conducting research regarding the effectiveness of a brief parenting seminar for parents who are concerned about their child’s eating, and you can be involved!

The Hassle Free Mealtimes Triple P program involves attending a one-off 2-hour group session, which will provide parents with information and helpful everyday tips and strategies for dealing with problem eating and improving their child’s mealtime behaviour.
If you are a parent of a 2 to 5-year-old child and are concerned about your child’s feeding and mealt ime behaviour, we would love to hear from you!

Hassle-Free Mealtimes Triple P has already been trialled successfully in a longer format. The current study hopes to provide support for brief group-based parenting interventions so that more parents can have access to parenting advice. Results of this study will be made available to participants.

Visit this website to get involved:
http://exp.psy.uq.edu.au/mealtimes/DrAlinaMorawska

Kirstyn Laurie and Kyla Reid

For more information about the study, please contact:

Kirstyn Laurie
Honours Student
Parenting and Family Support Centre
School of Psychology
University of Queensland
Phone: (07) 3365 9186
Email: kirstyn.laurie@uqconnect.edu.au

Would you like your family to live a healthier lifestyle?

Raising healthy children is an important aspect to positive parenting. Your child’s physical health can affect their growth and development, their ability to participate in school, sport and other activities, and how they get along with other children. Children who eat well and stay active are more likely to develop into healthy adults. Researchers at the University of Queensland are currently offering a FREE Triple P parenting program to parents of children 3 to 10 years in exchange for participation in research.

Across three seminars you will learn strategies for…

- Managing both general and lifestyle-specific child problem behaviours
- Helping your child eat a healthy balance of nutritious foods
- Motivating your child to be more active
- Limiting screen time

The program is run at St Lucia and Ipswich, with free childcare available for families. To register visit our website:
www.exp.psy.uq.edu.au/life

Jessica Bartlett – Project Coordinator
Email: lifestyletriplep@uq.edu.au
Phone: 0424 321 086 (please leave a message)

Triple P - Are you a Parent of a Child with Type 1 Diabetes?

Every day, thousands of Australian children suffer the effects of type 1 diabetes and families struggle with illness management and children’s behavioural and emotional adjustment.

Positive Parenting for Healthy Living is an adaptation of the successful Triple P - Positive Parenting Program offering practical ideas and support for parents of children with type 1 diabetes. This innovative group program is designed to help parents manage their child’s illness, assist children in coping with their illness and emotions, and prevent and manage difficult child behaviour.

Over the next few months and for a limited time only, parents of 2-10 year old children with type 1 diabetes are able to access Positive Parenting for Healthy Living Triple P as part of a University of Queensland research project. Parents will be able to attend the program free of charge, and will be asked to complete 2 sets of assessment measures (questionnaire and family observation) over a 6 month period, as part of the study.

Contact Aditi Lohan on (07) 3346 7689 or email diabetes.healthyliving@uq.edu.au or visit https://exp.psy.uq.edu.au/t1diabetes for more information.

Sensory Movie Day - Ipswich

“Sensory Movie Day” is an inclusive event for families with special needs. Children are free to move around flap or stim. Lighting stays on dim. Fire exit doors are monitored for those little escape artists. Siblings and extended family are welcome to this no judgement screening.

Please find attached our 2014 Calendar, with an amazing line-up of movies. Birch Carroll & Coyle - Ipswich City have tickets on sale now for the year’s line-up. Tickets are a crazy $6 each, children 2 years and under are free and companion I.D. Cards are accepted. Individual Caption devices are available on request for hearing impaired members... There is also a Medi Popcorn & Drink combo for $5.00.

IPSWICH – United Parents

IPSWICH – United Parents
Programs and Services

Have you heard the buzz about Ipswich UP?

Join us to connect Ipswich parents together through activity groups, social networking, and links to community services. Some of our most popular sessions include farm visits, baby music sessions, messy play days, facilitated playgroups, and ‘Upschool’ our very own themed ‘out and about’ group for 2-5 year olds.

Keep up to date following us on Facebook, or requesting to receive our weekly email update.

Contact Alana on 0428387838: admin@ipswichUP.com
www.IpswichUP.com

24/7 CSF Cycling Safety Fund

24/7 Cycling Safety Fund has been established since August 2011, with strong support from the community, Ipswich City Council and other government and business organisations. We aim to provide a safe cycling facility for the Ipswich community. Along with this, with the Ipswich City Council we are providing Bike Ed programs to many local Primary Schools in the Ipswich region. This program has been well received by the parents and children who participate in it.
An off road cycling facility would not only benefit cycling groups and other sporting bodies in the area, but may also be of benefit to the school communities. Bike Ed programs can be held at such a venue, as well as providing an alternative location for school triathlon groups to practise their run and bike components of triathlons.

We are holding our Annual Fund Raising Dinner on 31 May 2014 and our Annual July 24/7 CSF Community Ride on 13 July 2014.

2014 Dinner

Saturday 31 May 2014

Location: Phoenix Room, Ipswich Girls Grammar, Queen Victoria parade, East Ipswich 4305
Time: 6.30pm

Cost:
- Adults $100 per ticket
- Children $40 per ticket
- Table of 10 - $1000
- Family ticket $250 (2 adults, up to kids)

Community Cycling Awards Presentation Guest Speaker
Visit our website: www.247csf.com.au

Come and meet the people you will be riding with on 13 July 2014

Community Ride

We need you to ride to show the support for safer cycling for the future!

Sunday 13 July 2014

Bill Paterson Oval, limestone Park Ipswich, Cnr Salisbury Rd/ Lion St Ipswich Qld 4305

- Llewellyn Subaru 100km ride start
- Rotary Club of Ipswich City 50km ride 7.30am start
- Ipswich City Council 25km ride 8.00am start
- Yellow Jersey Bikeshop 3km family ride 9.00am start

Contact us at admin@247csf.com.au
Register and more info at www.247csf.com.au

Ipswich Libraries - Online Parenting

BE eSmart! - Online Parenting – Understand your child’s digital world

FREE INFORMATION SESSIONS FOR PARENTS & CARERS

Join Ipswich Libraries for a FREE information awareness session. “Online Parenting: understand your child’s digital world” is part of our eSmart Libraries program and covers topics including:

- Cyberbullying
- How kids connect using apps and social media
- Risks to kids’ personal safety
- Teaching kids how to stay safe online and more

Guest speaker Skye McPhee from ‘Pathways to Protection’ will be presenting two sessions that would ideally suit parents, grandparents and carers of children in Year 4 and older.

- Monday 26 May 2014 - 10:00am – 11:30am at Ipswich Central Library, Barry Jones Auditorium, 40 South St Ipswich.
- Thursday 12 June 2014 - 9:30am – 11:00am at Redbank Plaza Library, Redbank Plaza Shopping Centre, 1 Collingwood Drive, Redbank.

Booking are essential. Book online at www.library.ipswich.qld.gov.au/events or phone

Ipswich Central Library(07) 3810 6815
RedbankPlaza Library (07) 3810 6177

Moreton Bay 100

Sunday 10 August 2014
Lawnton Brisbane Qld
163km 100km 50km

Electronic Timing and Result provided by Sports Timing Australia
Online Registrations: open March
www.moretonbay100.org.au
Queries: bikeride@moretonbay100.org.au
Christine: 0422542838

All proceeds aid Lions Youth Emergency Accommodation Centre (Pine Rivers) Inc.

Ipswich Libraries - Online Parenting

BE eSmart! - Online Parenting – Understand your child’s digital world

FREE INFORMATION SESSIONS FOR PARENTS & CARERS

Join Ipswich Libraries for a FREE information awareness session. “Online Parenting: understand your child’s digital world” is part of our eSmart Libraries program and covers topics including:

- Cyberbullying
- How kids connect using apps and social media
- Risks to kids’ personal safety
- Teaching kids how to stay safe online and more

Guest speaker Skye McPhee from ‘Pathways to Protection’ will be presenting two sessions that would ideally suit parents, grandparents and carers of children in Year 4 and older.

- Monday 26 May 2014 - 10:00am – 11:30am at Ipswich Central Library, Barry Jones Auditorium, 40 South St Ipswich.
- Thursday 12 June 2014 - 9:30am – 11:00am at Redbank Plaza Library, Redbank Plaza Shopping Centre, 1 Collingwood Drive, Redbank.

Booking are essential. Book online at www.library.ipswich.qld.gov.au/events or phone

Ipswich Central Library(07) 3810 6815
RedbankPlaza Library (07) 3810 6177

Moreton Bay 100

Sunday 10 August 2014
Lawnton Brisbane Qld
163km 100km 50km

Electronic Timing and Result provided by Sports Timing Australia
Online Registrations: open March
www.moretonbay100.org.au
Queries: bikeride@moretonbay100.org.au
Christine: 0422542838

All proceeds aid Lions Youth Emergency Accommodation Centre (Pine Rivers) Inc.